

Alfred Psychiatric Services (Including Acute / Inpatient and Community programs.)

- For patients requiring **immediate or urgent assessment**, phone The Alfred Psychiatry's Triage service on **1300 363 746**.
- For **all other** referrals/questions please see list below and direct accordingly.
- Go to [The Alfred Psychiatric Services](#) for further information about the services provided by The Alfred Psychiatry Department.

<p>Alfred Psychiatric Services</p> <p>Dr Simon Stafrace Director Consultant Psychiatrist</p> <p>Ms Sandra Keppich- Arnold Associate Director of Nursing & Operations</p>	<p>For further information, see the Alfred Psychiatric Services Webpage.</p>	<p>Phone 9076 2218</p> <p>Phone 9076 3718</p>
<p>Acute / Inpatient Services</p>		
<p>Acute Inpatient Services</p> <p>Dr. Yitz Hollander (Unit Head) Head of Unit Psychiatrist</p> <p>Each floor in the Alfred Psychiatry Inpatient Unit is divided into 3 teams each with a Consultant Psychiatrist and rotating trainee registrar or HMO.</p>	<p>There are 58 inpatient beds are divided across 2 floors. These beds are divided by catchment area; ground floor servicing Waiora Clinic catchment area and first floor servicing Junction Clinic catchment area.</p> <p>There is also a 4 bed state wide intensive care unit (APICS) on the ground floor.</p>	<p>Referrals to inpatient service can be discussed with the Triage Service on 1300 363 746.</p> <p>For patients with existing individual case managers, please contact the relevant program as detailed below.</p>
<p>Crisis Assessment and Treatment Service (CAT)</p> <p>Dr. James Nahamkes Consultant Psychiatrist</p> <p>Ms. Suellen Butler Manager</p>	<p>CAT provide a 24 hour, seven day a week acute assessment and treatment program to people who experience a mental health crisis in the community living within Alfred Psychiatry catchment area.</p> <p>Map of Alfred Psychiatry Catchment Area</p>	<p>Contact the Triage Service on 1300 363 746.</p>
<p>Consultation Liaison Psychiatry</p> <p>Associate Professor Steve Allen Psychiatrist</p> <p>This unit has several part-time Psychiatrists as well as rotating trainee registrars</p>	<p>2nd floor, Outpatient Department</p> <p>This service provides specialist assessment and opinion across multiple medical/surgical units within Alfred Hospital. This may also be accessed directly from primary care where appropriate.</p>	<p>Phone 9076 2025 Fax referrals to 9076 6938</p> <p>The Alfred Outpatient Referral Form</p>

Continuing Care Services

<p>Waiora Community Mental Health Service</p> <p>Dr. Robert Shields Senior Consultant Psychiatrist</p> <p>Mr Anthony Kennedy Manager</p>	<p>Waiora Clinic, 435 Malvern Rd, South Yarra. Phone 9076 4700</p> <p>For people with serious mental illness and complex needs in the suburbs of:</p> <ul style="list-style-type: none"> • Malvern • Caulfield • Elsternwick (part of) • Gardenvale • Armadale • Albert Park • Carnegie • Murrumbeena • Chadstone (part of) • Ormond • Glenhuntly 	<p>For referrals, phone 9076 9888 and ask for the community intake service.</p> <p>After hours emergency crisis response: 1300 363 746</p>
<p>Junction Community Mental health Service</p> <p>Dr. Nicolas Mims Senior Consultant Psychiatrist</p> <p>Ms Susanne Birks Program manager</p>	<p>Junction Clinic, 2/12 St Kilda Rd, St Kilda. Phone 9076 9888.</p> <p>For people with serious mental illness and complex needs in the suburbs of:</p> <ul style="list-style-type: none"> • St Kilda • Port Melbourne • Windsor (south of High St) • Albert Park • South Yarra • Ripponlea • Elwood • Garden City 	<p>For referrals, phone 9076 9888 and ask for the community intake service.</p> <p>After hours emergency crisis response: 1300 363 746</p>
<p>Homeless Outreach Psychiatric Service (HOPS)</p> <p>Dr. Julian Freidan Consultant Psychiatrist</p> <p>Ms. Fiona Gjorjancyn Manager</p>	<p>This is a 5 day a week service (Monday to Friday.) The team is based at: Junction Clinic, 2/12 St Kilda Rd, St Kilda. Phone 9076 9888.</p> <p>The team works collaboratively with clients with mental health needs who may be marginalised through their social/psychological or cultural circumstances and therefore difficult to engage in mainstream mental health services.</p>	<p>For referrals, phone 9076 9888 and ask for the community intake service.</p>

<p>Youth Early Psychosis</p> <p>Dr Ravi Nair Consultant Psychiatrist</p> <p>Mr Anthony Kennedy Manager</p> <p>Ms Elise Phillips Team leader</p>	<p>This service is focussed on intensive service provision to those clients between the ages of 16-25yrs who are experiencing their first episode of treatment of psychosis.</p>	<p>Phone 9076 4700</p> <p>After hours emergency crisis response: 1300 363 746</p>
<p>Primary Mental Health Team</p> <p>Dr. Nicolas Mims Consultant Psychiatrist</p> <p>Mr Anthony Kennedy Manager</p> <p>Mr. Michael McGartland Team Leader</p>	<p>This team provides access to Psychiatric assessments for individuals referred by their General Practitioner. This service is therefore aligned to GPs practicing in the Alfred catchment area, regardless of the patient's address. The aim is to provide comprehensive assessment and management recommendations for individuals with high prevalence disorders not currently engaged with psychiatric services.</p>	<p>For referrals and questions, phone 9076 9888.</p> <p>After hours emergency crisis response: 1300 363 746</p>
<p>Clopine Program</p> <p>Alyson Wheelhouse Psychiatric Nurse Clopine Program Coordinator</p>	<p>This service provides training and registration for GPs wishing to provide Clopine therapy for suitable patients with chronic mental illness of all ages. The service provides coordination of care for patients in the Community Mental Health Service.</p>	<p>Phone: 9076 4700 or email A.Wheelhouse@alfred.org.au</p> <p>ClopineConnect website</p>
<p>Community Care Units (CCU)</p> <p>Dr. Nicolas Mims Consultant Psychiatrist</p> <p>Mr. Tim Allen Manager</p>	<p>The unit provides 20 residents with Community based intensive residential recovery service with 20 beds situated in a purpose built setting on Alma road, St. Kilda.</p> <p>Admission criteria applies – for further information, see The Alfred Psychiatric Services</p>	<p>For referral questions, shared care information and further information, phone CCU staff on 95372052.</p>

Extended Rehabilitation services

<p>Mobile Support and Treatment Service (MSTS)</p> <p>Dr. Sally Wilkins Consultant Psychiatrist</p> <p>Mr. Tim Allen Manager</p>	<p>The MSTS provides intensive, mobile, support services to people living in the community with severe psychiatric illness. The team operates on an outreach model and is available 7 days a week. The team is based at Junction Clinic, 2/12 St Kilda Rd, St Kilda. Phone 9076 9888. For further information, see The Alfred Psychiatric Services</p>	<p>Contact the patient's Case Manager at the Junction Clinic on 9076 9888.</p> <p>After hours emergency crisis response: 1300 363 746</p>
<p>Prevention and recovery Program P.A.R.C</p>		<p>Internal referral only</p>
<p>Opening Doors</p>		<p>Internal referral only</p>
<p>The Child and Adolescent Mental Health Services</p> <p>Dr. Paul Denborough Head of service</p>	<p>CAMHS provides a wide range of free services, delivering mental health care for infants, children and adolescents under 18 years of age, their families and carers.</p> <p>For detailed information about CAMHS Click here</p>	<p>For referrals phone intake coordinators on 8552 0555</p> <p>After hours emergency crisis response: 1300 363 746</p>
<p>headspace</p>	<p>headspace St Kilda 332 Carlisle St Balaclava 9-5.30 Monday to Friday</p> <p>headspace Highett Cnr Highett Rd & Peterson St Highett 2.30-5.30 Monday, Tuesday and Thursday</p> <p>headspace has been established to help young people aged 12-25 and their families deal with different health problems. You can access help from experts in a range of areas. For more detailed information click here ...</p>	<p>Phone 9526 1600 Fax 9526 1699</p> <p>The headspace Knowledge Centre provides up-to-date information about treatment interventions and models of care for young people with mental health and substance use issues. It is designed for professionals who work with young people, as well as researchers and academics and members of the community who are interested in youth mental health.</p>

<p>ConnectED Hospital Admission Risk Program</p>	<p>Provides outreach support for people with psychosocial needs.</p>	<p>For detailed information about ConnectED click here ...</p> <p>Referrals to the ConnectED Key Worker in the Alfred Hospital emergency Department: phone 9076 8446</p>
<p>After Hours Emergency Mental Health & Problem Gambling Service</p>	<p>Provides a clinical service to assist people in acute psychiatric crisis in relation to problem gambling and suicidal behaviour. For detailed information on this service click here ...</p>	<p>Contact the Triage Service on 1300 363 746.</p> <p>After hours emergency crisis response: 1300 363 746</p>
<p>Mobile Aged Psychiatry Service</p> <p>Mr Michael Loh Manager</p>	<p>Hours Of Service Monday to Friday 8.30am - 5.00pm</p> <p>MAPS provides a clinical service to persons 65 years or over who suffer from or experience a mental illness requiring specialist psychiatric assessment and management. This service is available to see people in their own homes, which may include a hostel, nursing home, and/or supportive residential service. For more detailed information on this service click here ...</p>	<p>Phone: 9076 6012</p> <p>After hours emergency crisis response: 1300 363 746</p>